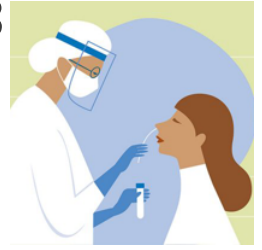


COVID-19, INFLUENZA A, AND INFLUENZA B COMBINATION TEST PROCEDURE

An explanation for patients



Drive up to the test location, make sure your mask is covering your nose and mouth and roll your passenger side window down 4 inches

Provide the testing site with your legal identification.

Follow the instructions given to you by the test site worker.

- Pull your mask down to expose your nose
- Tip your head back and insert the swab about 3/4 of an inch into your right nostril
- Swab the inside of the right nostril on all sides, turn the swab about 5 times, keep the swab in your nostril about 15 seconds
- Remove the swab from the right nostril and repeat the steps inside the left nostril
- When you have finished the sample collection, place the swab with the cotton tip pointing down into the wrapper you received it in and hand it back to the testing site personnel through your passenger window

Following sample collection, your eyes may water and your nose may be uncomfortable for several minutes, you may sneeze several times, this is completely normal and will resolve on its own.

If you develop a bloody nose, please call (661)947-7100 or go to the nearest ER immediately. *(This is very rare, but is a possibility)*

You will receive an email from COVID@GarrisonFamilyMedicalGroup.com with your results within 24 hours.

This test is not a medical evaluation or exam and is not meant to replace a medical professional's opinion, diagnosis, or treatment plan.

If you have or develop severe symptoms, such as shortness of breath, chest pain, or confusion, call 911 or go to the nearest ER immediately.